

Navigating the transition to High School

A resource guide for students and parents

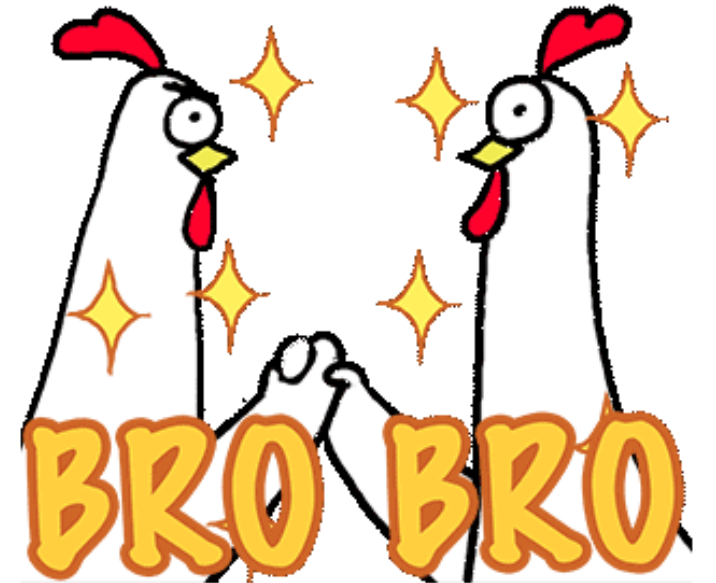
Agenda

- Welcome and Introductions-5 minutes
- Logistics-5 minutes
- Presentation-20 minutes
- Questions/Answers-30 minutes



Introductions

- John Schweller
- School Counselor
- Chet F Harritt/Hill Creek
- john.schweller@santeesd.net



Logistics

- Please stay on “Mute” during the presentation
- Ask questions using the chat feature
- Questions will be answered at the end, participants will have a chance to talk
- Webinar is recorded and will be posted on the SSD counseling website for other parents to view later. This includes the Q&A portion.



A sad story



HS Graduation vs UC/CSU requirements

HS Graduation Requirements

- English-40 Credits=4 years
- Social Science-40 Credits=4 years
- Math-30 Credits=3 years
- Science-20 Credits=2 years
- Visual/Performing Arts **or**
- Foreign Language-10 Credits=1 year
- PE-20 Credits=2 years
- Electives-60 Credits
- Total 220 Credits

UC/CSU Requirements "a-g"

- English-4 years College Prep
- History-1 year US History/1 year World History
- Math-3 years-Algebra 1, Geometry, Algebra 2
- Science-2 years with Laboratory
- Visual/Performing Arts-1 year long course in the same discipline
- Foreign Language-2 years in the same language
- Elective-1 year in an academic elective
- Total-15 year long courses-Grades must be "C" or better

Typical 9th Grade (Freshman) Schedule

- 9th Grade English-10 Credits
- Global Studies/Geography-10 Credits
- PE-10 credits
- Math-10 Credits
- Elective-20 Credits
- Total-60 Credits

- Santana has required Elective for Freshman-either AVID or Career Exploration

SCHEDULE				
Name:				
Period	Class	Day/Time	Teacher	Room

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Name:				
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Sample Four Year Plan

9 th Grade	10 th Grade	11 th Grade	12 th Grade
English	English	English	English
Math	Math	Math	Elective
SS/History	SS/History	SS/History	SS/History
Art or F. Language	Science	Science	Elective
PE	PE	Elective	Elective
Elective	Elective	Elective or Free	Elective or Free

Some things to consider when planning



What do your middle school grades look like?



Are you planning to go straight to a 4-year college following graduation?



Are you planning to play a sport/sports?



Are you interested in performing arts- drama/band/choir, etc.



How much homework can you handle?



Are you interested in career pathways?

3 keys to Academic success

- 1) **Show up**-Attend school daily and get to class on time
- 2) **Pay attention**-Take notes on whatever is happening in class
- 3) **Do homework or study**-spend a minimum of half an hour of time per academic subject per night



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Advice from students to students

- Organize your binder by subject and write down assignments daily
- Join a club
- Do the extra credit assignments
- Build a relationship with your teachers
- Ask questions in class
- Don't be afraid to ask for help
- Look for opportunities to get involved on campus
- Community service is important for college applications

Advice from parents

- Help your child set up a place to do homework/study
- Learn how to access the campus portal
- Get to know your child's counselor
- Encourage your child to get involved in school activities
- Look at peer influences-good friends keep them away from negative issues
- Be interested and involved in what is happening at school



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More Thoughts

- Campus size-take a tour
- Multiple classes to manage
- Oldest to youngest
- Leave a legacy
- School spirit
- Make a difference-people remember how you made them feel
- Get off on the right foot
- Personal pride in grades-D and F list excuses
- Peer Pressure-stay true to who you are

Questions/Answers

